



PADI Award Winning English Run Scuba Diving Centre in Golfe-Juan

- Try dives from €50
- Fun diving (for those with certification) at €80 a day
- PADI courses from Discover Scuba Diving to Assistant Instructor. From one day to two months!
- Environmentally conscious activity
- See a huge diversity of marine life (grouper, barracuda, octopus, snapper, rays, tuna and more)
- Visibility can exceed 30 metres, rivalling the tropics!
- An excellent day out
- English speaking staff
- Attentive customer service
- Small numbers ensure a quality experience

For more information, please call

06.15.30.52.23

06.75.79.01.68

info@diamonddiving.net

www.diamonddiving.net

Facebook

“Diamond Diving”

diamonddiving



When we are not working, we all love to treat ourselves to life's little pleasures that make us feel that little bit more cared for. Not surprisingly, our guests ask us for recommendations to make them feel a little special too. The following are our personal recommendations for our guests.

Caroline Rossy 06.74.33.38.88

www.carolinerossy.com

Massage, reflexology, facials, and beauty treatments all in the comfort of her beauty studio in her Old Town home. Matt, Gayle, Roni, Laura, and Keely are all fans. Caroline is French and speaks English fluently.

Adrian Shaw 06.60.21.54.96

www.lifestyleliveriviera.com

Sports massage therapy and Japanese Shiatsu massage in the comfort of your apartment. Personal training and boot camp groups are offered too. Matt and Gayle are clients and many of our guests have given us good feedback about Adrian's massages. Adrian is English. His partner Muriel offers yoga classes and speaks English fluently.

Collette Kent 06.60.17.95.23

www.colettefitness.com

What better way to enjoy yoga than on the beach! Group yoga classes for all levels every Tuesday at 7:30pm and Saturday at 9:30am at Hi Beach or non-summer months in the Hi Beach Hotel. Keely and Roni are big fans. Collette is Irish.

Identity Hair Design 04.93.81.95.33

www.identityhairdesign.fr

Superb hairdressers at 17 Rue Alphonse Karr. Kate is English and Arno is French but with good English. Gayle, Roni, Nancy and Malena are all regulars here.

L'Atelier de l'Ongle 04.93.62.42.06

This nail salon is very popular with Marie and Kelly and some of our guests. Vlady speaks some English and does manicures and pedicures. There is a relaxing pedicure foot spa upstairs at their 4 Boulevard Jean-Jaurès location.